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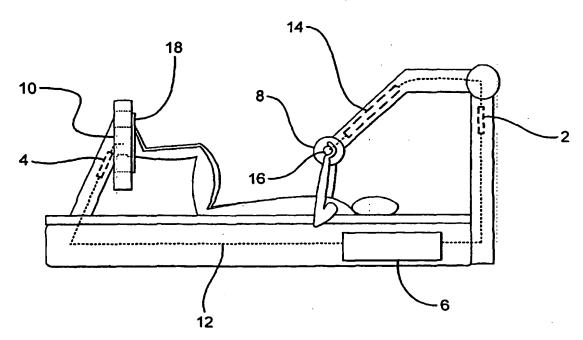
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(54) Title: APPARATUS AND METHOD FOR MUSCULAR STIMULATION



(57) Abstract: Apparatus for muscular stimulation of a user comprises a pressure sensor (2, 4), a control unit (6) to which pressure values sensed by the pressure sensor are fed, and a vibrational stimulator (8, 10) for applying vibrational stimulation. The vibrational stimulator is activated by the control unit in response to the pressure sensor sensing an applied pressure which exceeds a threshold pressure value.

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